

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING, DELHI

UNIT PLAN

BY:

SHEEBA JOSEPH

PROFESSOR

- **COURSE TITLE: OBSTETRICS AND GYNAECOLOGICAL NURSING**

- **UNIT NUMBER:** V
- **UNIT TITLE** NORMAL PUERPERIUM AND NURSING MANAGEMENT
- **HOURS:** 20 HOURS

GENERAL OBJECTIVES:

- At the end of the unit, students will be able to acquire knowledge about normal puerperium and nursing management

COMPETENCIES	CONTENT	HOURS	TEACHING-LEARNING ACTIVITIES	AV AIDS	METHOD OF EVALUATION
Student explains the Physiology of puerperium	Physiology of puerperium <ul style="list-style-type: none"> • Physiology of reproductive system pregnant state • Changes during puerperium 	4	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard • Charts • Powerpoint 	<ul style="list-style-type: none"> • Questioning • Quiz
Student describes the Physiology of lactation	Physiology of lactation <ul style="list-style-type: none"> • Physiology of lactation • Lactation management • exclusive breast feeding • Baby friendly hospital initiative(BFHI) 	5	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard • Charts • Flash cards • powerpoint 	<ul style="list-style-type: none"> • Class test
Student explains the assessment of mothers during puerperium	Assessment of postnatal women <ul style="list-style-type: none"> • Assesment of postnatal mother • Minor discomforts during puerperium • Complications of puerperium and its management 	6	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard • Charts • demonstration 	
Student explains the management of mothers during puerperium	Management of mothers during puerperium <ul style="list-style-type: none"> • Postnatal exercises • Rooming in • Bonding • warm chain 	4	Lecture cum discussion	<ul style="list-style-type: none"> • Powerpoint • demonstration 	<ul style="list-style-type: none"> • Class test

ST. STEPHEN'S HOSPITAL COLLEGE OF NURSING, DELHI

UNIT PLAN

(OBSTETRICS & GYNAECOLOGICAL NURSING)

BY:

MS. SHEEBA JOSEPH

ASSOCIATE PROFESSOR

- **COURSE TITLE:** OBSTETRICS AND GYNAECOLOGICAL NURSING
- **UNIT NUMBER:** VII
- **UNIT TITLE** PHARMACODYNAMICS IN OBSTETRICS

GENERAL OBJECTIVES:

- At the end of the unit, students will be able to acquire knowledge about pharmacodynamics during pregnancy

COMPETENCIES	CONTENT	HOURS	TEACHING-LEARNING ACTIVITIES	AV AIDS	METHOD OF EVALUATION
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Student explains the Pharmacodynamics in obstetrics	Pharmacodynamics in obstetrics <ul style="list-style-type: none"> • Drugs used in pregnancy, labour, post partum and newborn • Calculation of drug dose and administration • Effects of drugs used 	5	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard • Charts • Powerpoint 	<ul style="list-style-type: none"> • Questioning • Quiz
Student describes role of nurse during anesthesia in pregnancy	Anaesthesia and analgesia in obstetrics	3	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard • Charts • Flash cards • powerpoint 	<ul style="list-style-type: none"> • Class test
Student explains the role of a nurse in drug administration	Roles and responsibilities of midwifery nurse practitioner	1	Lecture cum discussion	<ul style="list-style-type: none"> • Chalkboard 	
Student explains the Standing orders and protocols	Standing orders and protocols <ul style="list-style-type: none"> • use of selected life saving drugs • Interventions of obstetric emergencies approved by the MOHFW 	1	Lecture cum discussion	<ul style="list-style-type: none"> • Powerpoint • demonstration 	<ul style="list-style-type: none"> • Class test